

## **APPAREL GUIDELINES FOR KOMPIAM**

**Culturally there are some differences between what is considered “acceptable” clothing in the west, and what is O.K. here. Please show respect for local feelings on these issues by following the guidelines outlined for us by local people.**

### **RECOMMENDED**

Tshirts (sleeveless, long or short-sleeve) or singlets

Note: they that all tops should cover torso to minimum hip length & with neckline high enough to cover tops of breast completely i.e. no plunging necklines & sleeveless tops should fit well around armpits that bra/breast are not visible from sides

Shorts & skirts that are at minimum, knee length

Trousers/jeans

Jumper, cardigan or sweater – can get chilly

Board shorts (with singlet for females) for swimming should occasion arise

Umbrella - optional

SHOES:- (always bring at least 2pairs to alternate)

If you are wanting to patrol then sturdy boots is your best “main shoe”. PNG is very muddy in the wet season so we are always taking shoes on and off. Lace ups can be a pain - elastic sided boots like “Redbacks” are ideal but need to be worn in before you come.

Thongs/Clogs/Crocs/Sandals – good alternate to when sneakers wet or weather is warm

### **DON'TS**

No offensive, obscene, vulgar, racist or derogatory printed clothing including caps & bags

No tops or shorts/skirts/trousers that are see through

No bikini or midrift tops

No tights/lycra/leggings unless worn under skirt or shorts